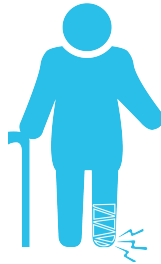


COVID-19: Three steps to protect your health and continue wound healing

Wounds are a problem...
COVID-19 is a new threat.

It is important to take care of wounds.



The average patient with a wound has **3 to 4** chronic conditions, so COVID-19 is a real threat to your health.

Please follow these simple steps to protect your health.

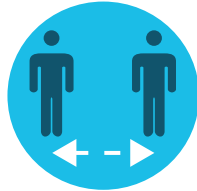
1 STAY ON THE PATH TO HEALING

STAY HOME



Go out only for essential needs & care.

PRACTICE SOCIAL DISTANCING



Keep a 6 foot distance from others.

KEEP HANDS CLEAN



Use soap & wash for at least 20 seconds.

PRACTICE HEALTHY HABITS



Maintain a healthy diet and stay active.

Listen to your doctor's advice. Healing requires adequate sleep, nutrients and exercise.

Maintain your wound care visits. Adhering to your care plan increases your odds of healing.

2 SEE YOUR DOCTOR

Wound care is essential.

Our Wound Care Center® team is taking steps to protect your health. **Regular visits will help you heal faster.**



Can't get to a Center? Telehealth is an option.

The Healogics telehealth option gives patients access to a wound care provider.

3 STAY VIGILANT!



Already healed? Wounds can recur. Please check your feet regularly. Wounds and sores should not be ignored.

Visit www.Healogics.com to find an advanced wound care option.

Healogics®

The power to heal